



### In This Issue

[All-Iowa Autism Community Events](#)

[Swim Team Film Screening](#)

[Tour de Cedar Falls](#)

[Buena Vista University Softball Team Autism Awareness Game](#)

[AUTISM 2018 - Innovations In Research & Care](#)

[6th Annual Autism Awareness 5K Run, Walk, Barefoot Challenge & Resource Fair](#)

[Autism Awareness Events All Across Iowa!](#)

[Spring Activities Across Iowa](#)

[Autism Southeast United Magazine](#)

[Autism Support Groups](#)

[Amazon Smile](#)

[Upcoming Classes, Camps, Workshops,](#)

## Autism Society of Iowa

E-Newsletter  
April 2018

April is Autism Awareness Month, and April 2nd is World Autism Day. There are several family activities being held this month and the first conference on Innovations in Research and Care at the University of Iowa will be presented. Please plan on attending an event close to you.

Kris Steinmetz  
Executive Director  
Autism Society of Iowa  
[www.autismia.org](http://www.autismia.org)  
515-327-9075  
[autism50ia@aol.com](mailto:autism50ia@aol.com)



### All-Iowa Autism Community Events

Graduate Students from the Michaelson Lab, University of Iowa Carver College of Medicine have put together a Calendar Of Autism Community

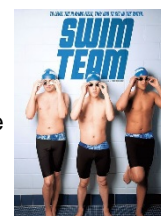
Events going on across Iowa.

To view the calendar, [click here](#).

### Swim Team Film Screening

Wednesday, April 18 6-7:30pm - Free  
Creston High School Auditorium

This award-winning documentary film profiles the rise of a competitive swim team made up of a diverse group of teens on the autism spectrum. Following three teammates on the cusp of adulthood, Swim



[Seminars, Webinars  
Events & Meetings](#)

[Autism Research  
Studies](#)

[Autism Source](#)

[IEP Resources](#)

Team is a portrait of families grappling with the problem of "aging out." Over the course of a year, the film explores the struggles they face and the triumphs they achieve as they strive for independence, inclusion, and a life that feels winning.

For more information, [click here](#).



## **Tour de Falls Bike Ride, Fun Run & Walk**

**Register Today!**

**Tour de Falls Evening Social**

**Friday, April 20 6-8:30pm**

**SingleSpeed Brewing Bike Lounge, Waterloo, IA**

Please join us for a fun evening to kick off the Tour de Falls with raffles for prizes, 50/50 raffle, t-shirt pick-up, and route maps will be available for the bike ride and 5K.

**Tour de Falls**

**Saturday, April 21**

**Pfeiffer Springs Park, 900 Grand Blvd., Cedar Falls, IA**

This event will be held rain or shine and no refunds will be given, so please dress for the weather

8am - Registration Begins - Pfeiffer Springs Park Shelter

9am - 8 Mile Bike Ride Starts - Maps will be available at registration

9:15am - 5K Fun Run - Maps will be available at registration

9:30am - 1 Mile Fun Walk

All proceeds benefit the Autism Society of Iowa.

For more information or to register online, [click here](#).

## **Buena Vista University Softball Team Autism Awareness Game**

**Wednesday, April 25**

In honor of National Autism Awareness Month, the BVU softball team is hosting Dubuque for this year's Autism Awareness game. Come join them to support the Autism Society of Iowa and everyone affected by autism across the nation. This day will be filled with fun activities during our doubleheader along with a silent auction! The auction will hold some limited-edition jerseys worn by your Beavers softball team and BVU apparel that can only be found during our Autism Awareness game! We can't wait to see you all there!



For more information, [click here to view their Facebook Page](#).



## **AUTISM 2018 - Innovations In Research & Care**

*Friday, April 27 8am-5pm*

*Center for Disabilities & Development*

*Remboldt Room*

*Registration Now Open!*

The prevalence of autism spectrum disorders has continued to increase. Fortunately, significant advances in research have been made in the past decade in understanding the underlying causes of autism. This progress has translated into new options for individuals with autism across the lifespan. This conference is intended to provide attendees with information about several cutting edge research projects that are currently being conducted at The University of Iowa Hospitals and Clinics. It will also inform practitioners about research-supported treatment options for children and adults with autism in Iowa.

[For conference details or to register by mail, click here to download brochure.](#)

To register online, [click here.](#)

Conference Provided By:

The University of Iowa Roy J. & Lucille A. Carver College of Medicine

The University of Iowa Stead Family Children's Hospital

Autism Society of Iowa

## **6th Annual Autism Awareness 5K Run, Walk, Barefoot Challenge & Resource Fair**



*Saturday, April 28 10am - Creston, Iowa - Register Today!*

### **Schedule Of Events:**

**10am** - Registration, T-shirt pickup, Autism Resource Fair, Barefoot Challenge, and Miss Iowa Introduction.

**11am** - Welcome, Autism Awareness Lap and Balloon Release, with 5K run and walk to follow.

Adults - \$25, Child (12 and under) - \$15.

For more information, [click here.](#)



## Autism Awareness Events

*All Across Iowa!*

### Fort Dodge Walk-A-Block for Autism

Sat, April 14 1-3pm

Fort Frenzy, [3232 1st Ave S, Fort Dodge, IA](#)

For more information, [click here.](#)

### 5th Annual J. Brooks Walk-A-Block for Autism

Sunday April 15 1pm

Clear Lake City Park, Lakeview Room

For more information, [click here.](#)

### Kernels Autism Awareness Star Wars Game

Saturday, April 21 Gates open at 4pm

Veterans Memorial Stadium, Cedar Rapids, IA

Join us for the Star Wars themed Kernels game on Saturday, April 21st! Gates open at 4 p.m. and the game starts at 5:05 p.m.

We have a limited amount of FREE tickets to give away to autism families! It's first come, first serve, so e-mail us at [contact-us@ecias.org](mailto:us@ecias.org) to reserve your tickets!

For more information, [click here.](#)

### Autism Walk

Saturday, May 5 Registration begins at 9:30am

Clay County Fairgrounds, Spencer, IA

For more information, [click here.](#)

---

## Spring Activities Across Iowa

### *Still Happening Across Iowa!*

The Des Moines Art Center-Art Spectrums, Kids In Harmony, and activities at Courage League Sports, just to name a few, are still happening this Spring! There are many activities for those with special needs across Iowa. For more details on these programs, [click here.](#)

If you have a program you would like us to share or update, please email Kris at [autism50ia@aol.com](mailto:autism50ia@aol.com).

---

## Autism Southeast United Magazine



### *A Free Quarterly Magazine*

Autism Southeast United Magazine is a quarterly magazine focused on Southeast USA autistics primarily. It is edited by an autistic individual ("The Maestro") and written by people on the autism spectrum, including anyone who best associates with having Asperger's syndrome, or (occasionally) by professionals with this group specifically in mind.

For more information or to subscribe, [click here](#).



## Autism Support Groups

### *Groups Are Meeting Across The State!*

Support groups are meeting all over Iowa including the Mother's of Mary Group at St. Francis of Assisi in West Des Moines, Iowa City, Waverly, Spillville, Creston, Osceola and Shenandoah. For more information on support groups throughout Iowa, [click here](#).

Let us know if your support group is meeting and keep us updated so we can help spread the word.



## Amazon Smile

*Shop Amazon And Support Autism Society of Iowa!*

Shop everyday at [smile.amazon.com/ch/42-1305731](https://smile.amazon.com/ch/42-1305731) and Amazon donates to Autism Society of Iowa.

## Upcoming Classes, Camps, Workshops, Seminars, Webinars, Events & Meetings

### **Super Hero Night At The Children's Museum - Iowa City, IA**

Cost: Free

When: Last Sunday of every month from 6-7:30pm

Who: Families with children who have special needs

For more information, [click here](#).

### **30th Day of the Child at Westland Mall**

#### **Celebrations throughout Generations!**

Sunday, April 15 12-4 p.m.

West Burlington, Iowa

Sponsored by: Community Action, Early Childhood Programs

For more information, [click here](#).

### **Transition Resource Fair - Waukee, IA**

Monday, April 16 5:30-7:30pm

Waukee Innovation and Learning Center

For more information, [click here](#).

**ChildServe- Upcoming Trainings- Johnston, IA**

April 25th, 2018 4-5 pm with ASK Resource Center on Life After High School

May 30, 2018 4-5 pm with Pam Payeur

July 25, 2018 4-5 pm with Brian Majeski on Guardianship (Lawyer)

August 22nd, 2018 4-5 pm with ASK Resource on IEP Transition Goals

September 27, 2018 4-5 pm with Pam Payeur (transition)

November 28, 2018 4-5 pm with IAble Accounts of Iowa.

For more information, [click here.](#)

**Northern Iowa Therapy Associates - Waverly, IA**

**Autism Connection Group - Upcoming Events**

Wednesday, April 25 6pm

University of Iowa SPARK Presentation

Wednesday, May 9 6pm

SAFETY for individuals with ASD

Wednesday, June 20 6pm

ASD FAMILY DISCUSSION

Wednesday, July 18 6pm

ASD FAMILY DISCUSSION

For more information, [click here.](#)

**2018 Together We Can Conference - Des Moines, IA**

Hosted By ASK Resource Center

Saturday, May 5 - Varied Industries Conference Center, Des Moines, IA

For more information, [click here.](#)

**2018 Parent & Caregiver Retreat**

The Road To Tomorrow: Refueling For The Journey

Friday, June 1 & Saturday, June 2

Gateway Conference Center, [2100 Green Hills Dr. - Ames, IA](#)

For more information, [click here.](#)

**Autism Symposium - Sioux City, IA**

June 7 & 8

Speakers Pamela Crooke & Gary B. Mesibov

Western Iowa Tech Community College

Rocklin Conference Center - B174

For more information, [click here.](#)

**Pacer Center - Champions For Children With Disabilities**

**Workshops & Resources**

PACER Center is a parent training and information center for families of children and youth with all disabilities from birth to young adults.

Although they are located in Minneapolis, it serves families across the nation. Parents can find publications, workshops, and other resources to help make decisions about education, vocational training, employment, and other services for their children with disabilities. PACER's National Bullying Prevention Center provides resources designed to benefit all students, including those with disabilities.

For more information on Pacer and workshops that can be live streamed, [click here.](#)

**NAMI Greater Des Moines**

NAMI has new classes for 2017 scheduled and opportunities for presentations to your organizations and community groups. For a complete list [click here.](#)



## Autism Research Studies

### ***New Loyola University Study Just Added!***

The Autism Society of Iowa is contacted by organizations and universities doing projects and research studies in the area of autism throughout the year. In an effort to assist those in the autism research field and let families and caregivers be aware of participation opportunities, ASI has created a page on their website listing these studies. The Autism Society of Iowa does not endorse any person, student, study or college listed, but would like to make families and caregivers aware of studies available, that they can participate in.

To view a list of projects and autism research studies to participate in, [click here.](#)

## Autism Source

### ***Support, Guidance And A Compassionate Ear***

The Autism Society is now able to provide guidance and support to individuals and families 7 days a week from 8am to 8pm Monday through Friday and on the weekends from 8am to 4pm!



The Autism Source Information and Referral services provides one-to-one, expert guidance and support to tens of thousands of people each year who call, email and write with their questions and concerns-or who just need someone to listen. The Autism Source, is the nation's longest serving, largest and most effective provider of information and support to individuals and families impacted by autism. Spanish speaking support is also available.

If you, or someone you know needs support, guidance, or a compassionate ear, please contact them today:

Call: 1-800-3AUTISM

Online: [www.autismsource.org](http://www.autismsource.org)



## **IEP Resources**

### ***Good Websites To Check Out!***

It seems like every day can be an IEP day so below are a few links to websites that you may find helpful.

[Autism Society - IEP Information](#)